

https://www.mustardseedfinancialcoaching.com/

How to Grow Your Mustard Seeds

In order for you to grow your wealth, you have to plan the right financial seed. Follow the below steps to have a successful and bountiful harvest.

Your Mustard Seeds

1. Planting Phase

- Plant about 2 seeds ¼" in the soil, 8" apart.
- Gently cover the seeds with 1/4" soil (compost)

2. Growth Phase

- Water mustard seeds weekly (2" per week)
- Add balanced fertilizer to the root once the plants are 3" – 4" tall

3. Harvest Phase

- Mustard seeds take about 45 days to harvest. They are ready to harvest when the pods start to turn brown or the leaves start to turn yellow.
- Remove the seeds from the pods. The pods will open on their own in 1-2 weeks.

Mustard seeds can be used fresh. If you plan to store them for long-term use, make sure to dry them out.

Your Financial Seed

1. Planting Phase

• Get present with your money. Understand how you interact with money, what your debt triggers are, and get clear on your financial goals for the next 1, 3, 5, 10 and 20 years.

2. Growth Phase

- Identify your budget personality and find the budget that is right for your lifestyle. Use your budget to be one of guides in achieve your financial goals that you identified in the Planting Phase.
- Have an emergency fund (6+ months) of cash reserves that are easily accessible.

3. Harvest Phase

- As you implement your budget, start looking at tools to help demolish your debt while increasing your income.
- Have check-in sessions to see how you are tracking towards your goals. When necessary, make adjustments in your plan to better align with your goals. Small tweaks can have a major impact down the road.

Schedule a complimentary session with our professionals today to talk about how you can better grow your financial seed.

Source: https://www.gardeningknowhow.com/edible/herbs/mustard/growing-mustard-seed.htm